



INDIAN ASSOCIATION OF LIFE SKILLS  
EDUCATION (IALSE), CHENNAI &



NIRMALA INSTITUTE OF  
EDUCATION, PANAJI, GOA

Invite You to the

# 10<sup>th</sup> INTERNATIONAL CONFERENCE ON *Life Skills Education* ICLSE 2025

in partnership with



ON THE THEME

**LIFE SKILLS INTEGRATED LEARNING AND LIVING:  
PATHWAYS FOR A SUSTAINABLE FUTURE**



**DATE**  
27th February - 1st March 2025



**VENUE**  
Nirmala Institute of Education, Panaji, Goa

# 10TH INTERNATIONAL CONFERENCE ON LIFE SKILLS EDUCATION



## CONCEPT

Integrating life skills into daily living, education and modern lifestyles represents a new paradigm as individuals and communities seek holistic approaches to personal and social development. This paradigm emphasizes meaningful, reflective experiences that cultivate essential life skills, fostering personal growth, cultural competence, and resilience. Experiential lifestyles are increasingly shaped by a desire to align individual aspirations and well-being with sustainable practices and community-driven values. This approach emphasizes how education - both formal and experiential - can empower individuals to develop essential life skills, enabling them to navigate the complexities of a rapidly evolving world while contributing to sustainable living.

This integration plays a pivotal role in promoting sustainable development by fostering cross-cultural exchange, supporting local economies and encouraging environmental conservation. Life skills, as defined by the World Health Organization (WHO) and UNICEF, encompass a range of psychosocial and interpersonal skills that enable individuals to cope with the demands and challenges of daily life effectively. By embedding these skills into the design of experiences, education and lifestyle choices, we can create pathways for achieving the Sustainable Development Goals (SDGs), particularly SDG 3 (Good Health and Well-being), SDG 4 (Quality Education), SDG 8 (Decent Work and Economic Growth), SDG 12 (Responsible Consumption and Production), SDG 13 (Climate Action), and SDG 14 (Life Below Water). These developments align with the aspirations of global frameworks such as the NEP 2020, SDGs 2030, and UNICEF's Life Skills and Citizenship Education Initiative, in fostering resilience, well-being, and global citizenship.

This conference explores how life skills integrated into modern, sustainable lifestyles can become transformative tools for individuals and societies. Through dialogue and collaboration, the conference aims to bring together educators, life skills practitioners, and other stakeholders to explore how these intersections can empower individuals and communities while fostering sustainable futures. The discussions will focus on experiential living, wellness, sustainability, and digital connectivity, and how these trends are shaping lifestyles that prioritize holistic growth and active participation in sustainable development.



## OBJECTIVES

- To explore how life skills integration into education and experiential lifestyles contributes to personal and societal development.
- To analyze the role of sustainable living, digital connectivity and community-driven living practices in shaping modern lifestyles.
- To examine the impact of life skills education on building cultural competence, resilience and emotional intelligence.
- To discuss the implications of integrating life skills for individuals, communities and industries through global and local experiences
- To discuss the implications of integrating life skills into policies, practices and modern educational approaches.
- To evaluate shifting trends toward niche lifestyles, technology integration and community-driven models.
- To create a platform for collaboration among life skills practitioners, educators, community leaders, and other stakeholders to share insights and best practices.



27TH FEBRUARY - 1ST MARCH 2025





## ABSTRACT SUBMISSION

Abstracts submitted for consideration should use the following criteria:

- An abstract should not exceed 300 words (Any abstract that exceeds the required word count will not enter the review process).
- The relevant conference sub-theme should be identified
- The abstract should be written in English. Font: Times New Roman, size 12, line spacing is 1.5, overall margin is 1 inch
- The title should be as brief as possible but long enough to indicate clearly the nature of the study
- Abstracts should state briefly and clearly the background, purpose/objectives, methodology, results and conclusions/discussions of the work and keywords
- The abstract should clearly indicate the first author of the paper by adding one\* as the superscript after the name (Eg: Axxxx\*)
- The designation and affiliation of the author should be mentioned on a separate page.
- The contact details of the Corresponding Author, including phone number and email address should be mentioned.

## SUB-THEMES:

The conference will delve into the following sub-themes:

### A) Life Skills for Personal Growth and Global Competence

1. Experiential learning as a catalyst for personal development
2. Building cultural competence and active citizenship through global and local exposure
3. Digital nomadism and the growing trend of remote working and learning environments
4. Balancing personal aspirations with environmental and cultural conservation

### B) Community Empowerment and Economic Sustainability

1. Community-driven models for preserving cultural heritage
2. Empowering local economies through life skills education and sustainable practices
3. Integration of life skills into wellness and holistic living
4. Life skills education to support migrants and foster inclusive communities

### C) Education, Policy, and Sustainable Development Goals (SDGs)

1. Integrating life skills into formal education policies and systems
2. Life skills integrated Adolescent Reproductive and Sexual Health Education
3. 21st Century Life Skills in School Education: High order thinking and problem-solving skills.
4. Embedding environmental and cultural conservation into educational frameworks
5. Life skills education for achieving the Sustainable Development Goals (SDGs)

## CONFERENCE PROCEEDINGS:

Abstracts of all the presentations during the conference will be published with ISBN. Selected articles will be published in the International Journal of Life Skills Education with ISSN.



Submission of Abstracts for In Person/Online Presentation

Last Date: 10th Feb 2025, [Click Here](#) to Submit Abstract:

Link to register for the 10th International Conference on Life Skills Education: [Click Here](#)



## CONFERENCE REGISTRATION

- Registration fee includes a conference kit, lunch and tea during the three-day conference, and dinner on 27th February.
- Kindly note that all the co-presenters need to register individually for the conference, otherwise, separate certificates will not be given to co-presenters.
- Registration should be done online on or before **24th February 2025**, after which only Spot registration will apply.

## PAYMENT PROCESS:

- The conference fee shall be paid online. The details will be announced on the IALSE Website: [www.ialse.net](http://www.ialse.net)
- Registration without payment of fees will not be accepted and delegates will not be allowed to participate in the Conference. The papers submitted without payment of fees will not be published.
- Fees once paid will not be reimbursed.



INDIAN ASSOCIATION OF LIFE SKILLS EDUCATION

64728346003784@cnrb

केनरा बैंक Canara Bank

### Bank details for making payment for the conference registration

Amount payable to:

- Name of a/c holder: **Indian Association of Life Skills Education**
- Bank Name: **Canara Bank**
- Savings A/c No: **2926101003784**
- Branch: **No. 9, First Avenue, Ashok Nagar, Chennai 600 083**
- IFSC code: **CNRB0000975** MICR Code: 600015006

Categories	Registration Fees				
	Early Bird Up to 15th January 2025 (In person)	Early Bird Up to 15th January 2025 (Online)	Late Up to 24th February 2025 (In person)	Late Up to 24th February 2025 (Online)	Spot Registration (Blended)
Academicians /Professionals (Paper presenters) /Participants from SAARC Nations	INR 2500/-	INR 2000/-	INR 2750/-	INR 2500/-	INR 3000/-
Foreign Delegates /NRI (Paper presenters)	US \$100	US \$100	US \$125	US \$125	US \$150
IALSE members (all types) and participants from Collaborating agencies	INR 1500/-	INR 1000/-	INR 2000/-	INR 1500/-	INR 2500/-
Research Scholars <i>(The copy of ID Card of Research Scholars to be submitted along with the recommendation of Research Guide)</i>	INR 1000/-	INR 1000/-	INR 1500/-	INR 1500/-	INR 1750/-
Students <i>(Recommendation of Principal is required)</i>	INR 750/-	INR 750/-	INR 750/-	INR 750/-	INR 1000/-

# 10th International Conference on Life Skills Education

## Full Paper Submission Guidelines:

To ensure a blind refereeing process, include the author's name only on the title page. Follow this order when typing the manuscript:

- **Title, Authors, Affiliation, Abstract, Keywords, Main Text, Acknowledgements, Appendix, References**

### The manuscript should adhere to the following specifications:

- Typed, 1.5 spaced (single spaced for indented material, notes, and references).
- Use the suggested font size - all headings, including the title, should be in 14 point, Times New Roman, and the text in 12 point, Times New Roman.
- Maintain margins of 1 inch on all sides.
- Follow APA format for references.

### Full papers must include a separate page containing:

- Title of paper
- Suggested topic and sub-theme
- Name(s) of authors
- Organization/Institution affiliation
- Corresponding Author, Cell phone, E-mail address

### Papers will only be accepted under the following conditions:

- The manuscript has not been copyrighted, published, presented, or accepted for presentation at any other academic gathering.
- The manuscript is not currently under review for presentation/publication.
- The paper has been submitted by the specified deadline and adheres to the provided format and length requirements.
- A declaration confirming the above conditions has been submitted with the final paper in the format that will be shared.

**Please note that all co-presenters are required to register for the conference.**

Separate certificates will not be issued to co-presenters who have not completed the registration process.

**SUBMIT FULL PAPER** [CLICK HERE](#) **Last date: 24th February, 2025**

## Sessions for 10th ICLSE 2025

### Symposium

1. Integrating Life Skills into Education: Opportunities and Challenges
2. Life Skills for Building Entrepreneurial Mindset
3. Life Skills Integrated Adolescent Reproductive and Sexual Health Education
4. Adapting to Climate Change – Practices for a Modern Sustainable Lifestyle

### Panel Discussion

1. Community-Led Sustainable Lifestyle: Empowering Local Communities through Life Skills
2. Addressing Gender Bias: Role of Life Skills Education
3. Life Skills Education for Inclusive Communities
4. 21st Century Life Skills in School Education: High Order Thinking and Problem-solving Skills

### Teen Talk

- Life Skills and Youth Engagement

### NGO Conclave

- Innovations in Life Skills Integration – Case studies for holistic personal and societal development

### Focus Group Discussion

- Uses and Abuses of AI - Life Skills Approach for Digital Well-being

### Invited Lecture

- Life Skills & Mental Health

### Think Tank

- Life Skills Education in the Context of NEP 2020: A Multistage Approach - Schools, Higher Education and Teacher Education



## ACCOMMODATION OPTIONS

Given below is a list of suggested accommodations in Panjim, Goa, along with their tariffs. Participants are requested to contact the hotels directly using the provided telephone numbers.



**Orav's Guest House (0832 - 2426128)**

[Single Non AC: 900/-] [Double Non AC: 1000/- , AC: 2000/-]



**The Menino Regency (0832 - 6641585)**

[Single Non AC: 1500/- , AC: 1800/-] [Double Non AC: 1800/- , AC: 2000/-]



**Hotel Manvin's (9766316024)**

[Double AC: 2500/-]



**Ria Residency (0832 - 2220002)**

[Single Non AC: 900/-] [Double Non AC: 1000/- , AC: 2000/-]



**Ria Residency (0832 - 2227997)**

[Single AC: 3080/-] [Double AC: 3472/-]



## TRAVEL INFORMATION

Panjim, Goa is easily accessible by air, rail, and road.

### Nearest Transportation Hubs and distance from Panjim:

- Nearest Airport: Dabolim Airport (GOI), 26 km
- Nearest Train Station: Madgaon Railway Station (MAO), 33 km; or Thivim Railway Station (THVM), 23 km
- Nearest Bus Stand: Panjim Bus Stand (Kadamba Bus Terminal), 2-3 km from Venue

### Local Transportation

- Taxi Services: Local taxi stands are available at airports, train stations, and bus stands for convenient pick-up and drop.
- Ride-hailing Apps: Please note that **Ola and Uber apps do not operate in Goa**. Instead, download **Goa Miles**, a local taxi app, for your transportation needs within Goa.

### Google Location of Venue:



For any queries or assistance with accommodation, please contact:



**+91 94238 89230**

**Ms. Myra,**  
Junior Steno,  
Nirmala Institute of Education

Location QR Code: Scan here



# 10th International Conference on Life Skills Education

## ORGANIZERS

**The Indian Association of Life Skills Education (IALSE)** is a registered society and from its existence in 2010, brings together a forum where officials, academicians, professionals, researchers, policymakers, functionaries, and like-minded people would be able to interact, discuss, and thereby promote and strengthen Life Skills Education through an inter-disciplinary and trans-disciplinary approach. It has a pan-India presence, with over 250 members including life, institutional, and patron members from different parts of the country. ([www.ialse.net](http://www.ialse.net))

**Nirmala Institute of Education, Panaji, Goa** is a secondary Teacher Education Institute established in 1963 by the Society of the Daughters of the Heart of Mary. The institution has completed 60 years as a premier Teacher Education Institute in 2023. Approved by the National Council for Teacher Education (NCTE), the college conducts several courses; providing pre- and in-service teacher education to thousands of teachers; like Bachelor of Education; Post Graduate Diploma in Guidance and Counselling, a Certificate Course in Early Child Care Education (ECCE); Diploma in Elementary Education and MA in Wellness Counselling. The main objective of the college is to develop universal values in teachers. ([www.nirmalainstitute.org](http://www.nirmalainstitute.org))

**Family Planning Association of India, Mumbai** is a premier civil society organisation delivering essential health services focusing on sexual and reproductive health in over 18 states and union territories of India, in regions where key developmental indicators are poor and gender disparities are high. FPA India was instrumental in advocating for family planning to be introduced in the country's first Five Year Plan (1952). Thus, India became the first country in the world to have a family planning programme. FPA India works with corporates, businesses and bilateral donors to deliver health services and information, build capacities and advocate for causes that support the community's development and well-being. (<https://fpaindia.org/>)



**Dr. A. Radhakrishnan Nair**  
Conference Chairperson

- Founder President, IALSE, Chennai
- Former Registrar, Central University of Kerala
- Visiting Professor, Assam Don Bosco University



**Prof. (Dr) M. N. M Musthafa**  
Conference Director

- President, IALSE, Chennai
- Professor, Dept. of Education
- Director, E Sreedharan Centre for Life Skills Education, Central University of Kerala, Kasaragod  
(Email: [musthafaedn@gmail.com](mailto:musthafaedn@gmail.com))



**Ms. Rama Bhide**  
Organising Secretary

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**Ms. Pratiksha Shirodkar**  
Organising Secretary

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Conference email:  
[ialse.iclse2025@gmail.com](mailto:ialse.iclse2025@gmail.com)



**2025**  
Feb 27 - Mar 1



**START AT**  
09:00am - 5:00pm



**NIRMALA  
INSTITUTE**

**BENEFITS :** • Knowledge • Certificate • Skills • & many More

**REGISTER NOW**



For Registration  
+91-9324514788  
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